

A research on the right approaches to sustainability practices in small villages

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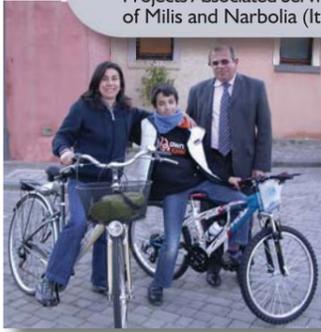
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Public bikes



Cardboard monuments to the air



Tug of war



Quarter walk



Car-free Sunday

Who?

Public administrations
Policy and economic strategy

Professionals
Specific competencies

University and research institutes
Expert competence

Schools
Active recipients, educational processes centre

Artists
Communication and expression

International experts
Knowledge network creation, enrichment of the in-depth quality

Associations
Local territory rootedness

Local Industry
Sponsorship

Citizens
Active recipients, bearers of knowledge and ability

Why?

Fostering new eco-friendly lifestyles

Facilitating pathways addressed to energy saving and to the conscious use of the Earth's resources

Safeguarding wild biodiversity to save endemisms and to protect Mediterranean landscapes

Safeguarding domestic biodiversity to preserve the old cultivars

Retrieving traditional knowledge and expertise and enhancing them in a global and technologically innovative perspective

Activating green tourism, as an occasion of economic, cultural, social and group identity growth

Stopping the emigration process which leads to the abandonment of rural areas and which impoverishes territories rich in cultural and economic potential

How?

Creation of knowledge and competence networks

Planning of differentiated educational pathways according to age, school levels, interests

Creation of specific teaching aids for each project and each need

Organization of information systems with different in-depth levels

Utilization of representation techniques of the environmental complexity

Utilization of interdisciplinary and multidisciplinary methodological systems

Active animation to share knowledge and abilities

Recreational activities

Experiential learning approaches

Updating and training in interactive and laboratory forms

Where?



CEASS Sinis Montiferru of Narbolia (Italy)

EPAS of Milis and Narbolia (Italy)

Baratili San Pietro	1.290 inhab.
Bauladu	693
Bonarcado	1.709
Milis	1.666
Narbolia	1.724
Nurachi	1.627
Riola Sardo	2.159
Santu Lussurgiu	2.676
San Vero Milis	2.461
Seneghe	1.978
Tramatza	1.007
Zeddiani	1.177

What?



Pathway

-CO₂ + life: 12 actions aimed at CO₂ reduction in the atmosphere and so as to establish a revision process of lifestyles, starting from energy saving. A project to live better and to recover common goods.

Cultivating biodiversity: 12 school vegetable gardens and 2 groves to improve wild and domestic biodiversity teaching, to foster generations exchange, retrieve abilities and knowledge spread in the territory.

Euro TrainS Tour: training project based on traineeship abroad, addressed to qualified young people, aimed at fostering the acquisition of competencies useful in rural tourism and the environmental education sector.

Youth Councils: permanent support actions aimed at revitalizing the activities of the youth in small towns, so that they could play a prominent role in modernizing their communities.

Monothematic meetings: meetings structured as pathways in which the Youth Councils, together with the local communities, have the possibility to reflect upon and analyze subjects of common interest.

Sustainable family: the public body addresses to the families in the most important moments of their life and shows them, with gifts, the useful and pleasant side of the path towards sustainability: money saving and well-being.

Covenant of Mayors: support to join the participation in the Covenant of Mayors, European movement aimed at involving local and regional authorities, voluntarily committing to increase energy efficiency and the use of renewable energy sources on their territories.

Preliminary results

On the 27th March 2011 **-CO₂ + life** finished. The project has been monitored by operators specifically trained in order to evaluate the possible replication. Data collected as a first step highlight good results with respect to citizen participation and effectiveness. Data elaboration will take another 2 to 3 weeks. Cultivating biodiversity is halfway through its path. The gardens and the groves are growing very well and have become a point of reference for many people who wish to be in contact with the natural environment and want to exchange thoughts and abilities. The first monothematic meetings have seen great participation involving people of different age ranges and coming from totally different cultural backgrounds.

Cultivating biodiversity

Training course for operators

The sculptors prepare the monument to the air

-CO₂ + life, the stone monument to the air

